

Senses and Memories

To help your child learn more about the importance of senses, discuss memories that are derived from using the senses.

Here are some questions to discuss with your child:

- What smells or tastes make you think about the holidays or a grandparent's house?
- What smells make you think about the different seasons?
- What songs make you think about different events, such as birthdays, holidays, and family experiences?
- How does your favorite shirt feel? Discuss the sensations evoked by different textures, such as a pet, a stuffed toy, a pillow, etc.

What Is That Flavor?

To help the your child learn about their different taste buds, do this simple experiment.

Materials:

Cotton swabs
Sugar water
Salt water
Vinegar
Lemon juice

Procedure:

1. Dip a cotton swab in a liquid, and touch it to the tip of your child's tongue. Ask your child, "What is the taste?"
2. Dip a fresh swab in the same liquid, and touch it to the side of the tongue. Ask your child, "What is the taste?"
3. Repeat with all the liquids, using a fresh swab each time.